

# **PENSUMLISTE**

## **VÅREN 2017**

pr. 13.12.16

**INSTITUTT FOR PSYKOLOGI**

**PROFESJONSSTUDIET  
I PSYKOLOGI**

**NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET**  
**Fakultet for samfunns- og utdanningsvitenskap**



## **PSYPRO4110 PSYKOLOGIENS HISTORIE (7,5 STUDIEPOENG HØST)**

Karl Halvor Teigen (2004). En psykologihistorie, Fagbokforlaget. Bergen

Wilhelm Wundt (1896/1897). Outlines of Psychology i følgende utdrag:

INTRODUCTION:

1. PROBLEM OF PSYCHOLOGY: <http://psychclassics.yorku.ca/Wundt/Outlines/sec1.htm>
2. GENERAL THEORIES OF PSYCHOLOGY:  
<http://psychclassics.yorku.ca/Wundt/Outlines/sec2.htm>
3. METHODS OF PSYCHOLOGY: <http://psychclassics.yorku.ca/Wundt/Outlines/sec3.htm>
4. GENERAL SURVEY OF THE SUBJECT: <http://psychclassics.yorku.ca/Wundt/Outlines/sec4.htm>

John B. Watson (1913). Psychology as the Behaviorist Views it. First published in Psychological Review, 20, 158-177. <http://psychclassics.yorku.ca/Watson/views.htm>

### ***Forslag til fordypningslitteratur:***

Roger Smith (2013). Between mind and nature: A history of psychology, London: Reaktion Books

## **PSYPRO4111 PSYKOLOGIENS METODOLOGI (7,5 STUDIEPOENG HØST)**

Psykologisk forskningsmetode; en innføring i kvalitative og kvantitative tilnærninger av Darren Langridge (2006) <http://www.adlibris.com/no/product.aspx?isbn=8251920485>

### ***Utvilgte artikler:***

Helseforskningsloven (ca. 4 sider): <http://lovdata.no/dokument/NL/lov/2008-06-20-44>

Forskningsetiske retningslinjer for samfunnsvitenskap, humaniora, juss og teologi. (30 sider)

[https://www.etikkom.no/Documents/Publikasjoner-som-PDF/Forskningsetiske%20retningslinjer%20for%20samfunnsvitenskap,%20humaniora,%20juss%20og%20teologi%20\(2006\).pdf](https://www.etikkom.no/Documents/Publikasjoner-som-PDF/Forskningsetiske%20retningslinjer%20for%20samfunnsvitenskap,%20humaniora,%20juss%20og%20teologi%20(2006).pdf)

Reid, K., Flowers, P, Larkin, M (2005). Exploring lived

Experience. The Psychologist, 18, 20-23

## **PSYPRO4112 KOGNITIV PSYKOLOGI I (7,5 STUDIEPOENG VÅR)**

Sternberg & Sternberg: Cognition (nyeste versjon).

## **PSYPRO4113 BIOLOGISK PSYKOLOGI I (7,5 STUDIEPOENG HØST)**

Discovering Behavioral Neuroscience, An introduction to Biological Psychology, 3rd edition, Laura A. Freberg ISBN-13: 978-1305088702

Siste del av kapittel 8, side 263-276, i læreboka «Neuroscience – exploring the brain», av MF Bear, BW Connors, MA Paradiso, 3rd ed. ISBN-13: 978-0-7817-6003-4.

**PSYPRO4114 SOSIALPSYKOLOGI (7,5 STUDIEPOENG VÅR)**

Sutton, R. & Douglas, K. (2013). Social psychology. Palgrave Macmillan.  
ISBN: 978-0-230-21803-1

**PSYPRO4115 UTVIKLINGSPSYKOLOGI I (7,5 STUDIEPOENG VÅR)**

Keenan & Evans (2009), An introduction to child development (2nd ed.) Sage. 350s. ISBN: 978-1-4129-1115-3

I tillegg: Utvalgte artikler som gjøres tilgjengelig ved kursstart.

**PSYPRO4116 PERSONLIGHETSPSYKOLOGI I (7,5 STUDIEPOENG VÅR)**

Larsen, Buss & Wismeijer. (2013). *Personality Psychology: Domains of knowledge about human nature*. Kap 1-3, 5-9, 11-12, 14, 16-17, 19).

**PSYPRO4117 – PSYKISKE LIDELSER (7,5 STUDIEPOENG HØST)**

Hagen, R. & Kennair, L. E. O. (2016). Psykiske lidelser. Oslo: Gyldendal Akademisk. (hele boken)

**PSYPRO4201 KLINISK PRAKTIKUM I (7,5 STUDIEPOENG HØST)****Artikler:**

Larry E. Beutler/T. Mark Harwood: PRESPECTIVE PSYCHOTHERAPY – Systematic Treatment Selection

Anne-Lise Løvlie Schibbye: Utvikling av personlig og teoretisk refleksivitet: om studenters utdannelse i psykoterapi

Odd Arne Tjersland Gunnar Engen, Ulf Jansen: Allianser – verdier, teorier og metoder i sosialt arbeid, Gyldendal akademiske 2010; kapitel 7 Kontakt og relasjonsutvikling.

**PSYPRO4202 KLINISK PRAKTIKUM II (7,5 STUDIEPOENG VÅR)**

Brautaset, H., Egebjerg, I., Johns, U.T. Terapeututvikling.

I Svendsen, B., Johns, U. T., Brautaset, H., Egebjerg, I. (red.). Utviklingsrettet intersubjektiv terapi med barn og unge (2012). Fagbokforlaget.

Ryum, T. Terapeutkompetanse.

I Kennair & Hagen (red), Psykoterapi: tilnæringer og metoder (2014). Gyldendal

**PSYPRO4203 KLINISK PRAKTIKUM III (7,5 STUDIEPOENG HØST)**

Essentials of WAIS-IV assessment 2nd ed./ Elizabeth O. Lichtenberger, Alan S. Kaufman, 2013

Trykt: Hoboken, N.J.: Wiley

ISBN: 1118419626, 9781118419625

Kap. 2-5. (s53-215) ebok, tilgjengelig for NTNU.

WISC-IV: Advanced Clinical Interpretation, 2006

Weiss, Lawrence G. Prifitera, Aurelio Saklofske, Donald H.

Publisher: Academic Press

Location: Burlington, MA, USA

eISBN: 9780080466118

ebok, tilgjengelig for NTNU.

<http://site.ebrary.com/lib/ntnu/docDetail.action?docID=10151398>

(Side 59-180)

**Artikler:**

Skre, I. (2007). Har vi fått skikk på skikketheten? Tidsskrift for Norsk psykologforening, Vol 44, nummer 6, 2007, side 792-793.

Helmikstøl, Ø. (2013). Sakkyndighet i barnevernssaker. Tidsskrift for Norsk psykologforening, Vol 50, nummer 4, 2013, side 337-347.

Imenes, A-K. (2013). Psykologkompetanse på ville veier. Tidsskrift for Norsk psykologforening, Vol 50, nummer 9, 2013, side 950-957.

Imenes, A-K. (2011). Lavterskelpsykolog – ikke lightpsykolog. Tidsskrift for Norsk psykologforening, Vol 48, nummer 2, 2011, side 150-154.

**PSYPRO4204 KLINISK PRAKTIKUM IV (7,5 STUDIEPOENG VÅR)**

Diagnose og anamneseintervju

Diagnostic Interviewing, 2010, Fourth Edition

Editors: Daniel L. Segal, Michel Hersen

ISBN: 978-1-4419-1319-7 (Print) 978-1-4419-1320-3 (Online)

ebok, tilgjengelig for NTNU.

<http://link.springer.com/book/10.1007%2F978-1-4419-1320-3>

(side 1- 59)

I tillegg deles ut SCID-I og SCID-II intervju i gruppeøvingene.

**PSYPRO4312 COGNITIVE PSYCHOLOGY II (7,5 STUDIEPOENG HØST)**

Christiá, A. Seidl, A. (2014). The hyperarticulation hypothesis of infant-directed speech. Journal of Child Language, 41(4), 913-34.

Bear, A., & Rand, D. G. (2016). Intuition, deliberation, and the evolution of cooperation. *Proceedings of the National Academy of Sciences of the United States of America*, 113(4), 936-941.  
doi:10.1073/pnas.1517780113 5p

Dunning, D. Johnson, K., Ehrlinger, J. and Kruger, J. (2003). Why people fail to recognize their own incompetence. *Current Direction in Psychological Science*, 12(3), 83-87. 4p

Frank, R. H. (1988). *Passions Within Reason*. P. 43-80. New York, London: W. W. Norton & Company. 38 p

Gray, S. J., & Gallo, D. A. (2016). Paranormal psychic believers and skeptics: a large-scale test of the cognitive differences hypothesis. *Memory & Cognition*, 44(2), 242-261. doi:10.3758/s13421-015-0563-x 18p

Oaksford, M., & Hall, S. On the Source of Human Irrationality. *Trends in Cognitive Sciences*, 20(5), 336-344. doi:10.1016/j.tics.2016.03.002 8p

Pennycook, G., Fugelsang, J. A., & Koehler, D. J. (2015). What makes us think? A three-stage dual-process model of analytic engagement. *Cognitive Psychology*, 80, 34-72.  
doi:10.1016/j.cogpsych.2015.05.001 Only the first 8 pages!

Singer, T., Seymour, B., O'Doherty, J. P., Stephan, K. E., Dolan, R. J. and Frith, C. (2006). Empathic neural responses are modulated by the perceived fairness of others. *Nature*, 436, 466-469.  
4 p

Stanovich, K. E.. (2009). Distinguishing the reflective, algorithmic and autonomous minds: Is it time for a tri-process theory? In *In two minds: Dual processes and beyond* . J. S. B. T. Evans and K Frankish (Eds.), Oxford University Press: Oxford, UK. 26 p

Wolf, M., van Doorn, G. S., Leimar, O., & Weissing, F. J. (2007). Life-history trade-offs favour the evolution of animal personalities. *Nature*, 447(7144), 581-584. doi:10.1038/nature05835  
5p

Bruce, V., Green, P.R., and Georgeson, M.A. (2003). *Visual Perception: Physiology, Psychology, and Ecology*, 4th Edition (or later). New York: Psychology Press, Part IV, pp. 405-419.

Anthony Chemero (2003) An Outline of a Theory of Affordances, *Ecological Psychology*, 15:2, 181-195, DOI: 10.1207/S15326969ECO1502\_5

## **PSYPRO4313 BIOLOGISK PSYKOLOGI II (7,5 STUDIEPOENG VÅR)**

Purves, D., Augustine, G. J., Fitzpatrick, D., Hall, W. C., LaMantia, A. S., White, L. E. (2012). *Neuroscience*, 5th edition. Sinauer press.

Kapittel 2: Electrical signals of nerve cells.

Kapittel 3: Voltage-dependent membrane permeability.

Kapittel 4: Ion channels and transporters.

Kapittel 5: Synaptic transmission.

Kapittel 6: Neurotransmitters and their receptors.

Kapittel 8: Synaptic plasticity.

Kapittel 9: The somatic sensory system: Touch and proprioception.

Kapittel 10: Pain.

Kapittel 11: Vision: The eye.

Kapittel 12: Central visual pathways.

Kapittel 13: The auditory system.

Kapittel 15: The chemical senses.

Kapittel 16: Lower motor neuron circuits and motor control.

Kapittel 17: Upper motor neuron control of the brainstem and spinal cord.

Kapittel 18: Modulation of movement by the basal ganglia.

Kapittel 19: Modulation of movement by the cerebellum.

Kapittel 22: Early brain development.

Kapittel 23: Construction of neural circuits.

Kapittel 24: Modification of neural circuits as a result of experience.

Kapittel 26: Association cortex and cognition.

Kapittel 27: Speech and language.

Kapittel 28: Sleep and wakefulness.

Kapittel 29: Emotions.

Kapittel 31: Memory.

Cohen, M. X. (2011). It's about time. *Frontiers in human neuroscience*. Vol 5 Art 2.

Colgin, L., L., Moser, E., I. (2010). Gamma oscillations in the hippocampus. *Physiology*, vol 25.

Fries, P. (2005). A mechanism for cognitive dynamics: neuronal communication through neuronal coherence. *Trends in cognitive sciences*, Vol 9, no 10.

Fries, P., Nikolic, D., Singer, W. (2007). The gamma cycle. *Trends in neurosciences*. Vol 30, no 7.

Harris, K., D., Mrsic-Flogel, T., D., (2013). Cortical connectivity and sensory coding. *Nature*, vol 503.

Moser, E.I., Moser, M-B. (2013). Grid cells and neural coding in high-end cortices. *Neuron* (80).

Poeppel, D., Emmorey, K., Hicok, G., Pylkkänen, L. (2012). Towards a new neurobiology of language. *The journal of neuroscience*, 32.

Sherman, S., M. (2007). The thalamus is more than just a relay. *Current opinion in neurobiology*, 17.

Singer W (2009) Consciousness and neuronal synchronization. *The neurology of consciousness*, chapter 4, 43-52.

## **PSYPRO4314 SOCIAL PSYCHOLOGY II (7,5 STUDIEPOENG SPRING)**

### **REQUIRED READINGS:**

Ajzen, I. (2012). The Theory of Planned Behavior, in : Lange, Paul, A.M. Van, and Kruglanski, Arie W.. Handbook of Theories of Social Psychology, Volume 1. London, GBR: SAGE, 2011. ProQuest ebrary. Web. 7 October 2014. Pp. 438-459

Al Ramiah, A., & Hewstone, M. (2013). Intergroup contact as a tool for reducing, resolving, and preventing intergroup conflict: Evidence, limitations, and potential. *American Psychologist*, 68(7), 527–542. doi:10.1037/a0032603

Archer, J. (1996). Sex differences in social behavior: Are the social role and evolutionary explanations compatible? *American Psychologist*, 51(9), 909–917. doi: 10.1037/0003-066X.51.9.909

Buss, D.M. (2013). Sexual jealousy. *Psychological Topics*, 22, 155-182.

Bendixen, M. (2014). Evidence of systematic bias in sexual over- and underperception of naturally occurring events: A direct replication of Haselton (2003) in a more gender-equal culture. *Evolutionary Psychology*, 12(5), 1004-1021.

Bendixen, M., Kennair, L.E.O., & Buss, D.M. (2015). Jealousy: Evidence of strong sex differences using both forced choice and continuous measure paradigms. *Personality and Individual Differences*, 86, 212-216. doi: 10.1016/j.paid.2015.05.035

Cialdini, R.B. & Griskevicius, V. (2010). Social influence. In: Baumeister, Roy F., and Finkel, Eli J. *Advanced Social Psychology : The State of the Science*. Cary, NC, USA: Oxford University Press, USA, 2010. ProQuest ebrary. Web. 7 October 2014. 394-426

Confer, J.C., Easton, J.A., Fleisherman, D.S., Goetz, C.D., Lewis, D.M.G., Perilloux, C., & Buss, D.M. (2010). Evolutionary psychology: Controversies, questions, prospects, and limitations. *American Psychologist*, 65, 110-126.

Eagly, A.H., & Wood, W. (1999). The origins of sex differences in human behavior. *American Psychologist*, 54, 408-423.

Fleeson, W. (2004). Moving Personality Beyond the Person-Situation Debate The Challenge and the Opportunity of Within-Person Variability. *Current Directions in Psychological Science*, 13(2), 83–87. doi:10.1111/j.0963-7214.2004.00280.x

Galperin, A., & Haselton, M.G. (2012). Error management and the evolution of cognitive bias. In J. P. Forgas, K. Fiedler & C. Sedikides (Eds.), *Social thinking and interpersonal behavior* (pp. 45-64). New York: Psychology Press.

Gawronski, B., & Bodenhausen, G. V. (2014). The Associative-Propositional Evaluation Model. In J. W. Sherman, B. Gawronski, & Y. Trope (Eds.), *Dual-process theories of the social mind* (pp. 188–203). New York, NY, US: Guilford.

Gawronski, B., LeBel, E. P., & Peters, K. R. (2007). What Do Implicit Measures Tell Us?: Scrutinizing the Validity of Three Common Assumptions. *Perspectives on Psychological Science*, 2(2), 181–193. doi:10.1111/j.1745-6916.2007.00036.x

Holtgraves, T. M., & Kashima, Y. (2008). Language, Meaning, and Social Cognition. *Personality and Social Psychology Review*, 12(1), 73 –94. doi:10.1177/1088868307309605

Hornsey, M. J. (2008). Social identity theory and self-categorization theory: A historical review. *Social and Personality Psychology Compass*, 2, 204-222

Rauthmann, J. F., Gallardo-Pujol, D., Guillaume, E. M., Todd, E., Nave, C. S., Sherman, R. A., ... Funder, D. C. (2014). The Situational Eight DIAMONDS: A Taxonomy of Major Dimensions of Situation Characteristics. *Journal of Personality and Social Psychology*, Advance Online Publication. doi:10.1037/a0037250 PAGE 1-6 only

Rhodes, M., Leslie, S.-J., & Tworek, C. M. (2012). Cultural transmission of social essentialism. *Proceedings of the National Academy of Sciences*, 109(34), 13526–13531. doi:10.1073/pnas.1208951109

Tyler, T. R., & Smith, H. J. (1998). Social justice and social movements. In D. T. Gilbert, S. T. Fiske, & G. Lindzey (Eds.), *The handbook of social psychology*, Vols. 1-2, 4th ed (pp. 595–629). New York, NY, US: McGraw-Hill.

#### RECOMMENDED READINGS:

##### \*\*\* Lecture Slides \*\*\*

Textbook Social Psychology I (PSY1014/PsyPro4114): Aronson, E., Wilson, T. D., & Akert, R. M. (2013). *Social psychology* (Eighth Edition). New York: Pearson.

From 2017: Sutton, R., & Douglas, K. (2013). *Social psychology*. Hounds mills ; New York: Palgrave Macmillan.

=> Check Its Learning

#### **PSYPRO4315 UTVIKLINGSPSYKOLOGI II (7,5 STUDIEPOENG HØST)**

*Med unntak av Hart & Schwartz (2008) består obligatorisk pensum i hovedsak av litteratur som er tilgjengelig via internett. Nærmore info blir oppgitt ved semesterstart.*

##### **I. PERSPEKTIVER PÅ UTVIKLING**

Belsky, J., Bakermans-Kranenburg, M. J., & van IJzendoorn, M. H. (2007). For better and for worse: differential susceptibility to environmental influences. *Current Directions in Psychological Science*, 16, 300-304. doi:10.1111/j.1467-8721.2007.00525.x.

Pluess, M. (2015). Individual Differences in Environmental Sensitivity. *Child Development Perspectives*, 9(3), 138-143. doi: 10.1111/cdep.12120

Sroufe, A. (2013). The promise of developmental psychopathology: Past and present. *Development and Psychopathology*, 25, 1215–1224.

## **II. BARN**

### ***Temperament og emosjonsregulering***

Shiner, R. L., Buss, K. A., McCloskey, S. G., Putnam, S. P., Saudino, K. J., & Zentner, M. (2012). What Is Temperament Now? Assessing Progress in Temperament Research on the Twenty-Fifth Anniversary of Goldsmith et al. *Child Development Perspectives*, 6(4), 436-444. doi: 10.1111/j.1750-8606.2012.00254.x

Zimmermann, P. & Thompson, R., A. (2014). New directions in developmental emotion regulation research across the life span: Introduction to the special section. *International Journal of Behavioral Development*, 38(2) 139–141.

### ***Samspill, selv-utvikling og tilknytning***

Fearon, P., & Belsky, J. (in press). Precursors of attachment security. In J. Cassidy, & P. R. Shaver (Eds.), *Handbook of Attachment. Theory, Research, and Clinical Applications* (3rd ed., 291-313). London: The Guilford Press.

Groh, A. M., Fearon, R. P., Bakermans-Kranenburg, M. J., Van IJzendoorn, M. H., Steele, R. D., & Roisman, G. I. (2014). The significance of attachment security for children's social competence with peers: a meta-analytic study. *Attachment & Human Development*, 16(2), 103-136. doi: 10.1080/14616734.2014.883636

Groh, A. M., Roisman, G. I., van IJzendoorn, M. H., Bakermans-Kranenburg, M. J., & Fearon, R. P. (2012). The Significance of Insecure and Disorganized Attachment for Children's Internalizing Symptoms: A Meta-Analytic Study. *Child Development*, 83(2), 591-610. doi: 10.1111/j.1467-8624.2011.01711.x

Hart, S. & Schwartz, R. (2008). Fra interaksjon til relasjon. Tilknytning hos Winnicott, Bowlby, Stern, Schore & Fonagy (s. 63-152). Oslo: Gyldendal Akademisk.

Keller, H. (2012). Attachment and Culture. *Journal of Cross-Cultural Psychology*. 44(2), 175–194.

Mesman et al. (2015). Is the ideal mother a sensitive mother? Beliefs about early childhood parenting in mothers across the globe. *International Journal of Behavioral Development*, 1-13.

Raby, K. L., Lawler, J. M., Shlafer, R. J., Hesemeyer, P. S., Collins, W. A., & Sroufe, A. L. (2015). The Interpersonal Antecedents Of Supportive Parenting: A Prospective, Longitudinal Study From Infancy To Adulthood. *Developmental Psychology*, 51(1), 115-23.

Sharp, C., & Fonagy, P. (2008). The Parent's Capacity to Treat the Child as a Psychological Agent: Constructs, Measures and Implications for Developmental Psychopathology. *Social Development*. 17(3), 737-754. doi: 10.1111/j.1467-9507.2007.00457.x

## **III. UNGDOM**

### ***Relasjoner, romantikk og autonomi***

Allen, J., P., Uchino B., N. & Christopher A. Hafen, C., A. (2015). Running With the Pack: Teen Peer-Relationship Qualities as Predictors of Adult Physical Health. *Psychological Science*, 1–10.

Collins, W., A., Welsh, D., P. & Furman, W. (2009). Adolescent Romantic Relationships. *Annu. Rev. Psychol.* 60:631–52.

Oudekerk, B., A., Allen, J., P., Hessel, E., T. & Molloy L., E. (2015). The Cascading Development of Autonomy and Relatedness, from Adolescence to Adulthood. *Child Development*; 86(2):472-85.

### ***Identitet***

Fuligni, A. J., & Tsai, K. M. (2015). Developmental Flexibility in the Age of Globalization: Autonomy and Identity Development Among Immigrant Adolescents. *Annual Review of Psychology*, 66(1), 411-431.

Kroger, J. (2003). Identity Development during Adolescence. In G., R. Adams & M., D. Berzonsky (eds.), *Blackwell Handbook of Adolescence*, 206-221. Oxford: Blackwell Publishing.

Meeus, W., van de Schoot, R., Keijsers, L. & Branje, S. (2011). Identity Statuses as Developmental Trajectories: A Five-Wave Longitudinal Study in Early-to-Middle and Middle-to-Late Adolescents. *J Youth Adolescence*, Doi: 10.1007/s10964-011-9730-y

### ***Tenåringshjernen, pubertet og seksualitet***

Jonsson, L., S, Bladh, M., Priebe, G. & Svedin, C., G. (2015). Online sexual behaviours among Swedish youth: associations to background factors, behaviours and abuse. *Eur Child Adolesc Psychiatry*. 24:1245–1260.

Saewyc, E. M. (2011). Research on Adolescent Sexual Orientation: Development, Health Disparities, Stigma, and Resilience. *Journal of Research on Adolescence*, 21(1), 256-272.

Skoog, T., & Stattin, H. (2014). Why and Under What Contextual Conditions Do Early-Maturing Girls Develop Problem Behaviors? *Child Development Perspectives*, 8(3), 158-162. doi: 10.1111/cdep.12076

Somerville, L. (2013). Special issue on the teenage brain: Sensitivity to social evaluation. *Curr Dir Psychol Sci*, 22(2), 121–127. doi:10.1177/0963721413476512.

## **PSYPRO4316 PERSONLIGHETSPSYKOLOGI II (640 sider) (7,5 STUDIEPOENG VÅR)**

### **Pensum**

Kennair & Hagen (red). (2015). Personlighetspsykologi. Bergen: Fagbokforlaget.

Utvalgte artikler i kompendium (\*= kompendium)

### **Anbefalt lesning**

John, O.P., Robins, R., Pervin, L. A. (2011). *Handbook of personality: Theory and research*. Guilford Press (herunder kapittel 2, 4,6, 8, 10- 11, 13-15, 19-23, 29)

### **Pensum ordnet etter tema**

( \* refererer til artikler i kompendium )

### **Trekkteori (96 sider)**

\*Block, J. (2001). Millennial Contrarianism: The Five-Factor Approach to Personality      Description 5 Years Later. *Journal of Research in Personality* 35, 98–107 (9)

\*Clark, A. (2005). Temperament as unifying basis for personality and psychopathology. *Journal of abnormal Psychology*, 4, 505-521. (16)

\*Eysenck, H.J. (1992). Four ways five factors are not basic. *Personality and individual differences*, 13, 667-673. (7 sider)

\* McCrae, R.R (2010). The place of the FFM in personality psychology. *Psychological Inquiry*, 21, 57-64. (8 sider).

\*McCrae, R.R., & John, O. P. (1992). An introduction to the Five-Factor Model and its applications. *Journal of Personality*, 60, 175–215 (41 sider).

### **Kognitiv personlighetsteori (105 sider)**

\* Bandura, A. (1999). Social cognitive theory of personality. I Pervin & John (ed): *Handbook of personality. Theory and research* (2<sup>nd</sup> edition) (ss. 154-196) (43 sider)

\* Wells, A., & Matthews, G. (1996) Modelling cognition in emotional disorder: The S-REF model. *Behaviour Research and Therapy*, 34, 881-888 (8 sider).

### **Humanistisk teori (75 sider)**

\*Rogers, C. The necessary and sufficient conditions of therapeutic change. *Journal of Consulting Psychology*, 95-103 (19 sider).

### **Psykodynamisk teori (107 sider)**

\*Kernberg, O., & Caligor, E. (2005). A psychoanalytic theory of personality disorder. I Lenzenweger & Clarkin (ed). *Major theories of personality disorder* (ss. 114-156) (43 sider).

\* Wolfe, B. (1989) Heinz Kohut's self psychology. A conceptual analysis. *Psychotherapy*, 545- 554 (11 sider).

### **Evolusjonspsykologi og atferdsgenetikk (161 sider)**

#### Evolusjonspsykologi

\* Kennair, L.E.O.(2004). Evolusjonspsykologi: En innføring i menneskets natur. Trondheim. Tapir. Kapittel 3 (39 sider).

\* Buss, D.M. & Hawley, P.H. (2011). *The evolution of personality and individual differences*. New York. Oxford. Kapittel 1 og 2 (53 sider).

## **Atferdsgenetikk**

- \* Belsky, J. & Pluess, M. (2009). Beyond diathesis stress: Differential susceptibility to environmental influences. *Psychological Bulletin*, 135, 885-908 (24 sider)
- \* Caspi, A., Roberts, B.W., & Shiner, R.L. (2005). Personality development : Stability and change. *Annual Review of Psychology*, 56, 453-484 (32 sider)
- \* McGue, M. (2008). The end of behavioral genetics? *Behavior Genetics*, 40, 284-296 (13 sider)
- \* Turkheimer (2000). The three laws of behavior genetics and what they mean. *Current Directions in Psychological Science*, 9, 160-164 (5 sider)

## **Personlighet og helse (90 sider)**

- \*Watson D, Clark. L. A, Stasik, S. M (2011). Emotions and the emotional disorders: A quantitative hierarchical perspective. *International Journal of Clinical and Health Psychology*, 429-442 (14 sider)

## **PSYPRO4317 STATISTIKK OG KVANTITATIVE FORSKNINGSMETODER (7,5 STUDIEPOENG HØST)**

Field, A. (2013). Discovering statistics using IBM SPSS statistics (4th edition). Sage. (OBS: Nyere utgave enn 2014; de to artiklene faller bort).

## **PSYPRO4318 KVALITATIVE FORSKNINGSMETODER (7,5 STUDIEPOENG HØST)**

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Howitt (2010). Ethnography and participant observation. I Introduction to qualitative Methods in psychology. (Tilgjengelig på nettsiden til faget).

**PSYPRO4412 ANVENDT KLINISK KOGNITIV PSYKOLOGI (7,5 STUDIEPOENG HØST)**

- Abu-Akel, A. M., Wood, S. J., Hansen, P. C., & Apperly, I. A. (2015). Perspective-taking abilities in the balance between autism tendencies and psychosis proneness. *Proceedings of the Royal Society B-Biological Sciences*, 282(1808), 8. doi:10.1098/rspb.2015.0563
- Adams, R. A., Huys, Q. J. M. and Roiser, J. P. (2015). Computational psychiatry: towards a mathematically informed understanding of mental illness. *Journal of Neurology, Neurosurgery and Psychiatry*, 1-11. doi: 10.1136/jnnp-2015-310737. 9p
- Agren, T. (2014). Human reconsolidation: a reactivation and update. *Brain Research Bulletin*, 105, 70-82. 12p
- Bouton, M. E. (2014). Why behaviour change is difficult to sustain. *Preventive Medicine*, 68, 29-36. doi: 10.1016/j.ypmed2014.06.010 6p
- Craig, A. D. (2004). Human feelings: why are some more aware than others? *Trends in Cognitive Sciences*, 8(6), 239-241. 3 p
- Craske, M. G., Treanor, M., Conway, C. C. and Zbozinek, T. (2014). Maximizing exposure therapy: an inhibitory learning approach. *Behavior Research and Therapy*, 58, 10-23. 12p
- Frith, C. (2005). The neural basis of hallucinations and delusions. *C. R. Biologies*, 328, 169–175. 6 p
- Gabbard, G. O. (2000). A neurobiologically informed perspective on psychotherapy. *British Journal of Psychiatry*, 177, 117-122. 6 p
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Moritz et al. (2010). Detecting and defusing cognitive traps: metacognitive intervention in schizophrenia. Current Opinion in Psychiatry 23, 561-569.	7 p
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Ueland, T. (2011). Chapter 16, pages 265-279 in Schizofreni (Rund, B. R., Ed.). Stavanger: Hertevig akademisk.	15 p
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Total    321 pages	

### **PSYPRO4413 ANVENDT OG KLINISK BIOLOGISK PSYKOLOGI:**

#### **NEVRALE SYSTEMER OG PSYKOFARMAOLOGI (7,5 STUDIEPOENG VÅR)**

***Bok / Bokkapittel:***

Kandel, Schwartz, Jessell, Siegelbaum & Hudspeth. Principles of Neural Science, 5te utgave (2013). Kapittel 62: Disorders of thought and volition: Schizophrenia.

Lovallo WR. (2005) Stress & Health, 2nd ed. Sage. Kapittel 2-7. ISBN: 9781412904780

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Singer W (2009) Consciousness and neuronal synchronization. *The neurology of consciousness*, chapter 4, 43-52.

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Hackman, J.R, & Katz, N. (2010). Group behavior and performance. In Susan T. Fiske, Daniel T. Gilbert, & Gardner Lindzey (Eds.), *The Handbook of Social Psychology* (5th edition, Vol. 2, pp. 1208-1251). Hoboken, NJ: Wiley.

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- Goodwin, R. D., & Friedman, H. S. (2006). Health status and the five-factor personality traits in a nationally representative sample. *Journal of Health psychology*, 11(5), 643-654.
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### Litteratur Øvelser

#### **Litteratur knyttet til øvinger i forskningsmetodikk: fokusgrupper, soslab.**

Howitt, D. (2010). Focus groups. In *Introduction to Qualitative Methods in Psychology* (Ch. 4, pp. 89-110. Harlow, England: Prentice Hall.

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Fontanea, A., & Frey, J. H. (1994). Interviewing. The art of science. In N. K. Denzin and Y. S. Lincoln (eds.), *Handbook of Qualitative Research* (pp. 361-375). London: Sage.

Robson, C. (1993). *Real World Research. A Resource for Social Scientists and Practitioners Researchers*. Chapter 8-9 (pp. 191-268). Oxford: Blackwell. 20

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Buunk, A.P., & Van Vugt, M. (2008). *Applying Social Psychology: From Problems to Solutions*. London: Sage. (Book to purchase; 135 pages)

Schwarz, N. (1999). Self-Reports. How the questions shape the answers. *American Psychologist*, 54, 93-105.

#### Anbefalt litteratur:

Nardi, P. M. (2014). Developing a Questionnaire. In *Doing Survey Research: A Guide to Quantitative Methods* (3<sup>rd</sup> ed.) (pp. 70-111). Boulder: Paradigm Publishers.

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#### **PSYPRO4415 ANVENDT OG KLINISK UTVIKLINGSPSYKOLOGI (7,5 STUDIEPOENG HØST)**

Brandtzæg, I., Smith, L., & Torsteinson, S. (2011). Tilknytningsbasert terapi (kapittel 6, side 195-246)

##### **Anbefalt litteratur:**

Herbert, P., Ginsburg. Entering the Childs mind. (støttelitteratur til klinisk intervju)

Handbook of Attachment. (Støttelitteratur til Elisabth Solheims forelesning om Circle of Security)

#### **PSYPRO4416 ANVENDT OG KLINISK PERSONLIGHETSPSYKOLOGI (7,5 STUDIEPOENG VÅR)**

##### **Bøker**

Archer, R. P. & Smith, S. R. (2014). Personality assessment (480s)

Havik, O. E. (2010). MMPI-2: Kartlegging av psykopatologi og personlighet. Oslo: Universitetsforlaget (265 s)

##### **Artikler/ bokkapitler/manualer**

\*Alden, L. E., Wiggins, J. S., & Pincus, A. L. (1990). Construction of circumplex scales for the Inventory of Interpersonal Problems. *Journal of Personality Assessment*, 55, 521-536.

\*Benjamin, L. S., Rothweiler, J. C. & Critchfield, K. L. (2006). The use of structural analysis of social behaviors (SASB) as an assessment tool. *Annu. Rev. Clin. Psychol.*, 2, 83 – 109.

\*\*Costa, Jr., P. T. & McCrae, R.R. (1992). NEO PI-R: Professional manual. Odessa, Florida: Psychological Assessment Resources

\* Friborg, O. (2015). Vitenskapelig måling av personlighet. I Kennair & Hagen (red). Personlighetspsykologi (ss 267-294).

\*McCullough, L. & Andrews, S. (2006). Assimilative integration: Short-term dynamic psychotherapy for treating affect phobias (16 s)

\*Morey, L.C. (2007). The Personality Assessment Inventory professional manual. Lutz, FL: Psychological Assessment Resources.

\*Piper, W. E., McCallum, M. & Joyce, A. S. (2001). Manual for assessment of quality of object relations scale.

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\* blir lagt ut på Its learning

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#### **PSYPRO4501 HELSEPSYKOLOGI (7.5 STUDIEPOENG HØST)**

Stroebe W. (2011). Social Psychology and Health. Buckingham: Open University Press. Alle kapitler.

Espnes GA & Smedslund G. (2009). Helsepsykologi. Oslo: Gyldendal, kap.9, 12, 15.

#### **PSYPRO4502 ARBEIDS OG ORGANISASJONSPSYKOLOGI (7.5 STUDIEPOENG HØST)**

Saksvik, P. Ø. & Nytrø, K. (red) (2009). Klinisk Organisasjonspsykologi. Oslo. Cappelen Akademisk Forlag.

Reinecker, L. & Jørgensen, P. S. (2009). Den gode oppgaven. Fagbokforlaget.

APA-maualen 6. utgave.

Utvalgte artikler for å belyse egen problemstilling – 150 – 400 sider

#### **PSYPRO4503 - SAMFUNNSPSYKOLOGI (7.5 STUDIEPOENG HØST)**

Nelson, Geoffrey B. & Prilleltensky, Isaac (2010, 2.ed. eller senere utgaver). Community Psychology: in pursuit of liberation and well-being. Basingstoke, Hampshire; New York; Palgrave Macmillan.

#### **PSYPRO4504 - EKSTERN SAMFUNNSPSYKOLOGISK PRAKSIS**

(7,5 STUDIEPOENG HØST)

Eventuelle artikler/støttelitteratur oppgis ved behov av kurslederne. Pensum i emnet PSYPRO4503 – Samfunnspsykologi må også anses som støttelitteratur.

#### **PSYPRO4505 – RETTSPSYKOLOGI OG SAKKYNDIGHET (7,5 STUDIEPOENG HØST/VÅR)**

Rosenqvist og Rasmussen: Rettspsykiatri i praksis- 2. utg. Universitetsforlaget 2004. Kap. 1,2,3,4,6,7,8,9,12,13,14,15 og 16.

**Digitalt kompendium i Rettspsykologi.**

Anbefalt litteratur:

Lov om barneverntjenester.

Lov om barn og foreldre.

Forskrift om dommeravhør og observasjon m.m.

An-Magritt Aanonsen: Prosessutvikling i arbeid som psykologisk sakkyndig.

## **PSYPRO4601 - KLINISK PSYKOLOGI - BARN OG UNGDOM (15 STUDIEPOENG VÅR/HØST)**

### **Bøker – generell litteratur:**

Mash E.J. & Wolfe, D. A. (2013). *Abnormal Child Psychology* (5<sup>th</sup> edition). Wadsworth, Cengage Learning: Belmont, CA. ISBN-13:978-0-495-50627-0. Kap. 5-14 (309 s).

Kendall, P. C. (Ed.) (2012). *Child and adolescent therapy. Cognitive behavioral procedures*. New York, NY: The Guilford Press. Kap. 3, 4, 6, 13 (136 s).

Svendsen B., Johns U.T., Brautaset H. & Egeberg I. (red.) (2012). *Utviklingsrettet intersubjektiv psykoterapi med barn og unge*. Fagbokforlaget. Del 1: Kap. 1, 2. Del 2. Kap. 6, 7 (126 s).

### **Anbefalt litteratur:**

Rutter M., Bishop D., Pine D., Scott S., Stevenson J., Taylor E. & Thapar, A. (Ed.) (2008). *Rutter's Child and Adolescent Psychiatry*. Fifth edition. Blackwell Publishing.

### **Emnespesifikke kapitler og artikler:**

#### **Barneterapi:**

Brandtzæg, I., Smith, L., Torsteinson, S. (2011). *Tilknytningsbasert terapi*. Brandtzæg, I., Smith, L., Torsteinson, S. (red). Mikroseparasjoner: Tilknytning og behandling. Kap. 6. s. 195-246. Oslo. Fagbokforlaget. (51s).

Fredriksen,A., Aune,T. og Aarseth,J. (2008). *Kognitiv terapi for barn og unge* i Berge,T. og Repål, A. Håndbok i kognitiv terapi. (s. 617-49). Oslo: Gyldendal Akademisk (32 s).

Haugvik, M. & Tanum Johns, U. (2006). Betydningen av felles fokus i tidsavgrenset psykoterapi med barn: En kvalitativ studie av psykoterapi med barn som opplever vanskelige familieforhold. *Tidsskrift for Norsk Psykologforening*, 1,43 s. 19-29 (10 s).

Lynch, T. R., Chapman, A. L., Rosenthal, M. Z., Kuo, J. R., Linehan, M. M. (2006). Mechanisms of change in dialectical behavior therapy: Theoretical and empirical observations. *Journal of Clinical Psychology*, 62:459-480 (21 s).

Morgan, A. (2000) *What is narrative therapy?* Dulwich Centre Publication: Adelaide.Kap. 1, 2, 3, 6, 7, 8, 9 og 14 (66 s).

Mufson, L. and R. Sills (2006). Interpersonal psychotherapy for depressed adolescents (IPT-A): An overview. *Nordic Journal of Psychiatry*. 60:431-437 (6 s).

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Russ, S. W. (2004). *Play in child development and psychotherapy*. Toward empirically supported practice. New Jersey: Lawrence Erlbaum Associates. Kap. 3 & 4 (43 s).

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Fonagy, P., Target, M. & Gergely G. (2006): *Psychoanalytic perspectives on developmental psychopathology*. In D.J. Cohen & D. Cichetti (Eds.). *Developmental Psychopathology*. Vol. 1: Theory and method (2nd ed.) (pp. 701-749). New Jersey: John Wiley & Sons.

Haavind, H. (1996). "Leken som virkemiddel i psykoterapi med barn", i S. Reichelt & H. Haavind (red) Aktiv psykoterapi. s. 245-280. Oslo: Gyldendal.

Jacobsen K. & Svendsen B. (2010). *Emosjonsregulering og oppmerksomhet – grunnfenomener i terapi med barn og unge*. Oslo: Fagbokforlaget.

Jensen, T. K. (2007). Hvordan kan vi forstå og hjelpe barn og ungdom som har vært utsatt for traumer? I Haavind, H. & Øvreide H. (Red.). *Barn og unge i psykoterapi. Samspill og forståelse*. (s.294-327). Oslo: Gyldendal.

Moe, V. (1996). *Selvutvikling og det affektive samspillet*. I M. Kjær (red) *Skjønner du? Kommunikasjon med barn*. s. 21-47. Oslo. Kommuneforlaget.

Røed Hansen, B. (2012). *I dialog med barnet. Intersubjektivitet i utvikling og i psykoterapi*. Oslo. Gyldendal Norsk Forlag AS.

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Svendsen B., Johns U.T., Brautaset H. & Egeberg I. (red.) (2012). *Utviklingsrettet intersubjektiv psykoterapi med barn og unge*. Fagbokforlaget. Del 2: Kap. 9. (24 s).

**Foreldrefookusert arbeid med barn:**

Cunningham, P.B. & Heggeler, S.W. (1999). "Engaging Multiproblem Families in Treatment: Lessons Learned Throughout the Development of Multisystemic Therapy". *Family Process*, 38, 265-286 (21 s).

Diamond, G. and A. Josephson. (2005). Family-based treatment research: A 10-year update. *Journal of the American Academy of Child and Adolescent Psychiatry*. 44:872-887 (15 s).

Hafstad R. & Øvereide H. (red.) (2011). *Utviklingsstøtte. Foreldrefookusert arbeid med barn*. Høyskoleforlaget. Del 2: Kap. 5 og 7 (37 s).

### **Anbefalt litteratur:**

- Apeland, A. (2007). *De voksens allierte eller barnets? Parent Management Training – Oregonmodellen*. I Haavind, H. & Øvreide H. (Red.). Barn og unge i psykoterapi. Terapeutiske fremgangsmåter og forandring (s.78-108). Oslo: Gyldendal.
- Hanna, S. M. (2007). *The practice of family therapy: Key elements across models* (4th ed.). Belmont, CA: Thomson Brooks/Cole. Kapittel 1,2,5,7 og 8. 165 sider.
- Mæhle M. (2000). "Bruk av barnespesifikk kunnskap i familieterapi I". s.19-37. *Fokus* 1/2000.
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### **Behandlingsforskning:**

Kazdin, A. (2003). Psychotherapy for children and adolescents. *Annual review of Psychology*, 54, 253-76.

Weisz JR, Sandler IN, Durlak JA, Anton BS. (2005). Promoting and protecting youth mental health through evidence-based prevention and treatment. *American Psychologist*, 60(6) :628-648 (20 s).

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### **Førstelinjearbeid:**

Jacobsen, K. (2010). *Kunnskap om oppmerksomhet og emosjonsregulering*. I K. Jacobsen & B. Svendsen (red) Emosjonsregulering og oppmerksomhet. Kap. 2. s.25-36. Oslo: Fagbokforlaget.(11 s)

Jacobsen, K. & Bjerkan, B., (2010). Tidlig samspill med spedbarn med alvorlig psykisk utviklingshemming. I Vibeke Moe, Kari Sløning, Marit Bergum-Hansen, (red.) Håndbok i sped-og småbarns psykiske helse Kap. 24. Oslo: Gyldendal Akademisk.(10 s)

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Elliot, J.G (1999): Practitioner Review: School Refusal: Issues of Conceptualisation, Assessment, and Treatment. *J. Child Psychol. Psychiat.* Vol 40, no. 7 pp 1001-1012. (11 s)

### **Forebygging:**

Cusimano, M. D., & Sameem, M. (2011). The effectiveness of middle and high school-based suicide prevention programmes for adolescents: a systematic review. *Injury Prevention*, 17(1), 43-49 (6 s).

Durlak, J. A., Weissberg, R. P., Dymnicki, A. B., Taylor, R. D., & Schellinger, K. B. (2011). The Impact of Enhancing Students' Social and Emotional Learning: A Meta-Analysis of School-Based Universal Interventions. *Child Development*, 82 (1), 405-432 (27 s).

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#### **Barnevern:**

Bunkholdt & Sandbæk (2008). *Praktisk barnevernsarbeid*. Gyldendal Akademisk. Kap. 6: Barnevernets generelle oppgaver, s. 150-173 (13 s)

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#### **Anbefalt litteratur:**

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McCoy & Keen (2009). *Child Abuse and Neglect*. Psychology Press. Taylor & Francis Group, New York. I Kap. 7: Sexual Abuse, s. 105-129 (24 s).

#### **Traumer, vold og seksuelle overgrep:**

Blindheim, A. (2011). *Kronisk traumatiserte barn*. I Heltne, U. & Steinsvåg, PØ (red.) Grunnlag for beskyttelse og hjelp. Kap. 6. 74-80. Oslo. Universitetsforlaget (7 s).

Ehntholt KA, Yule W. (2006). Practitioner Review: Assessment and treatment of refugee children and adolescents who have experienced war-related trauma. *Journal of Child Psychology and Psychiatry*, 47(12):1197-1210 (13 s).

Jensen, T. et al. (2012). *Traumefokusert kognitiv atferdsterapi*. I Martinsen, K. & Hagen, R (red.) Håndbok i kognitiv atferdsterapi. I behandling av barn og unge. Kap. 6, s.169-196. Oslo. Gyldendal Norsk Forlag AS (27 s).

Perrin S, Smith P. Yule W. (2000). Practitioner Review: The assessment and treatment of post-traumatic stress disorder in children and adolescents. *Journal of Child Psychology and Psychiatry and Allied Disciplines*, 41(3):277-289 (12 s).

Robjant K & Fazel, M (2010). The emerging evidence for Narrative Exposure Therapy: A review, *Clin Psychol Rev*, 30 (8):1030-9 (9 s).

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#### **Anbefalt litteratur:**

Anstorp, T. Benum, K & Jakobsen, M. (2006). *Dissosiasjon og relasjonstraumer*. Oslo. Universitetsforlaget.

Dyregrov, A. (2000). *Barn og traumer*. Oslo. Fagbokforlaget.

Terr, L.C. (1991). *Childhood Traumas: An Outline and Overview*. American Journal of Psychiatry 148, 10-19 (9 s).

Raundalen, M. (2011). *Vi må snakke med barn om volden*. I Heltne, U. & Steinsvåg, PØ (red.) Grunnlag for beskyttelse og hjelp. Kap. 14. s. 174-183. Oslo. Universitetsforlaget. (9 s)

#### **Barn i sorg og krise:**

Dyregrov A, Raundalen M (1996). Sorg hos barn. Del 1. *Tidsskrift for Norsk Psykologforening*, 33: 510-20 (10 s).

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Dyregrov, A. (2006). Komplisert sorg: teori og behandling. *Tidsskrift for Norsk Psykologforening*, 43: 779-786. (7 s)

#### **Anbefalt litteratur:**

Reinfjell, T., Diseth, TH., Vikan, A. (2007). Barn og kreft: Barns tilpasning til og forståelse av alvorlig sykdom. *Tidsskrift for Norsk Psykologforening*, 44, s 724-734 (10 s).

Bowlby, J. (2008). *Loss – Sadness and Depression: Attachment and loss*. Volum 3. Random House.

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#### **Atferdsvansker:**

Apeland, A (2007). De voksnes allierte eller barnets? Parent Management Training – Oregonmodellen. I Haavind, H. & Øvreide, H. (red.). *Barn og unge i psykoterapi. Terapeutiske fremgangsmåter og forandring* (s. 78-108). Oslo: Gyldendal.

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Kaminski, J. W., Valle, L. A., Filene, J. H., & Boyle, C. L. (2008). A meta-analytic review of components associated with parent training program effectiveness. *J Abnorm Child Psychol*, 36(4), 567-589. doi:10.1007/s10802-007-9201-9

Kazdin, A.E. & Wassell, G. (2000). Therapeutic changes in children and families resulting from treatment of children with conduct problems. *Journal of American Academic Child and Adolescents Psychiatry*, 39, 414-420. (6 s)

#### **Depresjon, selvmord og selvskadning:**

Bridge, J. A., Goldstein, T.R. and Brent, D. A. (2006). Adolescent suicide and suicidal behavior. *Journal of Child Psychology and Psychiatry*, 47:372-394 (22 s).

Lynch, T. R., Chapman, A.L., Rosenthal, M.Z., Kuo, J.R. and Linehan, M.M. (2006). Mechanisms of change in dialectical behavior therapy: Theoretical and empirical observations. *Journal of Clinical Psychology*, 62:459-480 (21 s).

Mufson, L. and Sills, R (2006). Interpersonal psychotherapy for depressed adolescents (IPT-A): An overview. *Nordic Journal of Psychiatry*, 60:431-437 (7 s).

Nock, M. K. and Prinstein, M. J. (2005). Contextual features and Behavioral functions of self-mutilation among adolescents. *Journal of Abnormal Psychology*, 114:140-146 (6 s).

Sosial og helsedirektoratet (2008). *Nasjonale retningslinjer for forebygging av selvmord i psykisk helsevern* (47 s).

**Anbefalt litteratur:**

Fredriksen, A. & Aarseth, J. (2012). *Depresjon*. I Martinsen, K. & Hagen, R (red.) Håndbok i kognitiv atferdsterapi. I behandling av barn og unge. Kap. 3, s. 86-113. Oslo. Gyldendal Norsk Forlag AS.

Kåver, A. & A. Nilsone (2005). *Dialektisk atferdsterapi med emosjonell ustabil personlighetsforstyrrelse*. Gyldendal akademiske.

Sosial og helsedirektoratet (2009). *Nasjonale retningslinjer for forebygging av depresjon i psykisk helsevern*.

**Spiseforstyrrelser:**

Blessitt et al (2015). Family therapy for adolescent anorexia nervosa. *Current opinion in psychiatry*, 28 (6), 455-460.

Pennesi et al (2016). A systematic review of the existing models of disordered eating: Do they inform the development of effective interventions? *Clinical Psychology Review*, 43, 175-192

Zipfel et al (2015). Anorexia nervosa: aetiology, assessment, and treatment. *Lancet Psychiatry*, 2, 12, 1099-1111.

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Bulik, C.M., Berkman, N.D., Brownley, K.A., Sedway, J.A., Lohr, K.N. (2007). Anorexia nervosa treatment: A systematic review of randomized controlled trials. *International Journal of Eating Disorders*, 40(4):310-320 (10 s).

Dancyger, I.F., Fornari , V. M. (2014). Evidence Based Treatments for Eating Disorders: Children, Adolescents, and Adults, 2nd edition. New York, NY: Nova Science Publishing Inc.

Lock & Fitzpatrick (2009). *Advances in Psychotherapy for Children and Adolescents with Eating Disorders*. American Journal of Psychotherapy, 63, 4, p. 287-303 (17 s).

Shapiro, J.R., Berkman, N.D., Brownley, K.A., Sedway, J.A., Lohr, K.N., Bulik, C.M. (2007). Bulimia nervosa treatment: A systematic review of randomized controlled trials. *International Journal of eating disorders*, 40(4):321-336 (15 s).

**Komorbiditet:**

Angold, A., Costello, E.J., Erkanli, A. (1999). Comorbidity. *Journal of child psychology and psychiatry and allied disciplines*, 40, 1, p. 57-87. (30 s)

## **PSYPRO4602 – PRAKTISK KLINISK TERAPIOPPLÆRING – BARN OG UNGDOM**

(7,5 STUDIEPOENG VÅR/HØST)

Eventuelle artikler/støttelitteratur oppgis ved behov av kurslederne. Pensum i emnet PSYPRO 4601 KLINISK PSYKOLOGI – BARN OG UNGDOM, må også anses som støttelitteratur.

## **PSYPRO4603 – KLINISK PSYKOLOGI – VOKSEN (15 STUDIEPOENG VÅR/HØST)**

***Digitalt kompendium av artikler:***

### **Sentrale perspektiver: Psykoterapi**

#### **Relasjon og emosjonsorientert terapi (97 sider):**

Rogers, C. R. (1957). The necessary and sufficient conditions of therapeutic personality change.

Journal of Consulting Psychology, 21, 95-103

Berge, T & Karlsen, K.E. (2014): Emosjonsfokusert terapi i: Psykoterapi: Tilnærming og metoder kap 12

Rollnick, S., Miller, W. R., Butler, C (2008). Motivational interviewing in health care. Guilford Press. ss 33-107

#### **Kognitiv orientert terapi (230 sider):**

Wells, A. (1997). Cognitive Therapy of Anxiety Disorders. Wiley & Sons kap 3-10 Nordahl, H. (2014).

Metakognitiv terapi i Psykoterapi: Tilnærming og metoder kap 11

Craske, M., Treanor, M., Conway, C.C et al (2014). Maximising exposure therapy: An inhibitory learning approach. Behaviour Research and Therapy, 58, 10-23.

#### **Psykodynamisk orientert terapi (220 sider)**

Leigh McCullough et al (2003), Treating Affect Phobia: A Manual for Short-Term Dynamic Psychotherapy, kap 1-10

Stanicke E., Stanicke, L.I. (2014). Psykoanalytisk terapi. Psykoterapi: Tilnærming og metoder kap 4

Høstmark Nielsen, G. & Binder, P (2014). Relasjonsrettet kortids dynamisk psykoterapi i: Psykoterapi: Tilnærming og metoder kap 5

#### **Gruppe/partterapi (45 sider)**

Schluter, C. & Bakali, J.V (2014). Dynamisk gruppeterapi. Psykoterapi: Tilnærming og metoder kap 18

Hagen, R. (2014). Kognitiv gruppeterapi. Psykoterapi: Tilnærming og metoder kap 19

Tilden, T. (2014). Par terapi. Psykoterapi: Tilnærming og metoder kap 15

#### **Terapeutisk allianse og psykoterapiforskning (205 sider)**

Safran, J, D & Muran. J. (eds) (2000). Negotiating the therapeutic alliance in psychotherapy. A relational treatment guide. New York: Guilford Press: Kap: 1-5

- Gelso, C. (2014). A tripartite model of the therapeutic relationship: Theory, research, and practice. *Psychotherapy Research*, 24, 117 – 131.
- Ryum, T & Halvorsen, J (2014). Psykoterapiforskning. Psykoterapi: Tilnærming og metoder kap 2

## **Psykopatologi**

### **PTSD og traumer (30 sider)**

- Rothbaum & Schwartz (2002). Exposure therapy for post-traumatic stress disorder. *American Journal of Psychotherapy*, 59-75. Wells, A & Sembi, S. (2004). Metacognitive therapy for PTSD. A core treatment manual. *Cognitive and Behavioural Practice*, 365-377

### **Depresjon (94 sider)**

- Berge, T (2008). Kronisk depresjon. I Berge & Repål (red). *Håndbok i kognitiv terapi* side 286-318. Gyldendal Forlag. (28 sider).

- Hjeddal, O. & Hagen, R. (2012). Metakognitiv terapi ved depresjon. *Tidsskrift for Norsk Psykologforening*, side 59-63

### **Psykoser (66 sider)**

- Hagen, R., Turkington, D., Berge, T., & Gråwe, R. W (2011). CBT for psychosis. A symptom based approach. Kapittel 2-6, 9

### **Personlighetsforstyrrelser/Borderline PF (95 sider)**

- Paris. J. (2008), *Treatment of Borderline Personality Disorder: A Guide to Evidence-Based Practice*. Guilford Press: kap 6, 8-12

### **Ruslidelser (35 sider)**

- DiClemente C.C (2006). Natural Change and the troublesome Use of Substances: A life-course perspective. In Miller, W & Carroll, K.M.: *Rethinking Substance abuse*. Kap 6

- Miller, W. & Carroll, K.M (2006). Drawing the scene together: Ten principles, ten recommendations. In Miller, W & Carroll, K.M.: *Rethinking Substance abuse*. Kap 18

## **Seksualitet, identitet og livsvansker**

### **Seksualitet, identitet og kjønnsrolle (160 sider)**

- Langfeldt, T (2013). Seksualitetens gleder og sorger: Identiteter og uttrykksformer. Oslo, Fagbokforlaget.

### **Smerter og søvnproblemer (77 sider)**

Fetveit, A., Bjorvatn, B. (2007) Søvnforstyrrelser ved psykiske lidelser. Tidsskrift for Norsk Psykologforening, side 394-402

Kerns, R. D., Sellinger, J., & Goodin, B.R. (2011). Psychological treatment of chronic pain. Review of Clinical Psychology, 411–34 Nordhus, I. H. & Pallesen, S. (2007) Psykologisk forståelse og behandling av søvnproblemer hos voksne. Tidsskrift for Norsk Psykologforening, side 413-422

Sættem, L. S. & Stiles, T. C. (2008). Kroniske smerter. I T. Berge & A. Repål (red.), Håndbok i kognitiv terapi (s. 590–616). Oslo: Gyldendal Akademisk.

### **Bøker:**

Safran & Muran (2000) Negotiating the therapeutic alliance in psychotherapy, kap. 1-5

Hagen, Turkington Berge, & Gråwe (2011). CBT for psychosis. A symptom based approach. Kapittel 2-6, 9

Paris. J. (2008), Treatment of Borderline Personality Disorder: A Guide to Evidence-Based Practice. Guilford Press: kap 6, 8-12

Leigh McCullough et al (2003): Treating Affect Phobia: A Manual for Short-Term Dynamic Psychotherap. Guilford press. New York

Wells, A. (1997). Cognitive Therapy of Anxiety Disorders.

Kennair LEO og Hagen R (2014): Psykoterapi: Tilnærminger og metoder. Oslo Gyldendal

Langfeldt, T (2013). Seksualitetens glede og sorger: Identiteter og uttryksformer. Oslo, Fagbokforlaget.

### **PSYPRO4604 – PRAKTIK KLINISK TERAPIOPPLÆRING – VOKSEN**

(7,5 STUDIEPOENG VÅR/HØST)

Eventuelle artikler/støttelitteratur oppgis ved behov av kurslederne. Pensum i emnet PSYPRO4603 KLINISK SPYKOLOGI – VOKSEN, må anses som støttelitteratur.

### **PSYPRO4605 - KLINISK NEVROPSYKOLOGI (7,5 STUDIEPOENG VÅR/HØST)**

#### **Digitalt kompendium:**

Anderson, V., Northam, E., Hendy, J., Wrennall, J. (2001): Developmental Neuropsychology. A Clinical Approach. Psychology Press Ltd. Kap 9, Childhood epilepsies (s. 279-341)

Bradshaw, John L.: "Attention deficit hyperactivity disorder" (Kap 6) i Developmental Disorders of the Frontostriatal System. Neuropsychological, Neuropsychiatric and Evolutionary Perspectives. Hove. Psychological Press, 2001 (s. 93-115)

Feinberg, T.E., & Farah, M.J.: Behavioral Neurology and Neuropsychology. (2nd ed) Mc Graw-Hill, 2003 (s.801-819/ s.821-829/ s.783-799/s. 853-865)

Wilson, B.A., Gracey, F., & Evans, J.J (2009). Neuropsychological Rehabilitation: Theory, Models, Therapy and Outcome. Cambridge University Press (s. 1-21/s.47-67)

Brain Kolb, B., & Whishaw, I. (2009). Fundamentals of Human Neuropsychology. (Sixth Edition). World Publishers.

Kap. 23. – Brain Development and Plasticity

Kap 24. – Developmental Disorders

Grant, I., & Adams, K.M (Eds.). (2009). Neuropsychological Assessment of Neuropsychiatric and Neuropedical Disorders (Third ed.). New York: Oxford University Press.

Kap. 16: Diabetes and the Brain: Cognitive Performance in Type 1 and Type 2 Diabetes (side 350-365)

Kap. 18. The Neurobehavioral Correlates of Alcoholism (side 398-454)

Kap. 21. Clinical Neuropsychology of Schizophrenia (side 507-522)

**Bøker:**

Knut Hestad og Jens Egeland: Nevropsykologisk undersøkelse av voksne pasienter (2010)

**Anbefalt litteratur**

Strauss, E., Sherman, E.M.S., & Spreen, O. (2006). A Compendium of Neuropsychological Tests: Administration, Norms and Commentary. Oxford University Press.

Brain Kolb, B., & Whishaw, I. (2009). Fundamentals of Human Neuropsychology. (Sixth Edition). World Publishers. (sid. 655-817)

Kap 25. – Plasticity, Recovery and Rehabilitation of the Adult Brain

Kap. 26 – Neurological Disorders

Grant, I., & Adams, K.M (Eds.). (2009). Neuropsychological Assessment of Neuropsychiatric and Neuromedical Disorders (Third ed.). New York: Oxford University Press.

**PSYPRO4606 – PRAKTISK OPPLÆRING I KLINISK NEVROPSYKOLOGI**

(7,5 STUDIEPOENG VÅR/HØST)

Eventuelle artikler/støttelitteratur oppgis ved behov av kurslederne. Pensum i emnet PSYPRO4605 KLINISK NEVROPSYKOLOGI, må også anses som støttelitteratur